



Inter-Parliamentary Union  
For democracy. For everyone.

Achieving  
Gender Equality

# Action *by*Action

## Achieve parity in parliament and politics

1

**Enact parity laws** to ensure 50:50 representation in elections and political roles.

**Eliminate violence against women in parliament and politics** through legislation on online and offline violence and internal policies in parliament.

2

3

**Include women in politics in all their diversity** through electoral quotas and fair and inclusive selection processes.

## Make parliaments gender-sensitive

4

**Assess your Parliament's gender-sensitivity** using the IPU's evaluation tool.

**Achieve equality in leadership roles for women and men** in your Parliament through quotas, co-leadership and rotation.

5

6

**Foster a gender-sensitive culture in your Parliament** by implementing policies for equality and work-life balance, and against discrimination, sexism, harassment and violence against women.

## Create a world free from gender-based discrimination and violence

7

**Revise and eliminate laws that discriminate** against women and girls.

**Prevent and punish violence against women and girls** through strong and comprehensive legislation.

8

9

**Track legislation and monitor budgets** to support gender equality and gender mainstreaming.

And...

10

**Speak out against gender-based inequality and violence** whenever and wherever you see it!